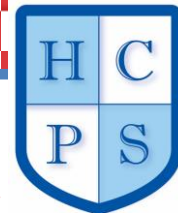




#30 MENU Y3/4



Complete 10 of these activities this term - 1 of these must be the 'Special of the Week'.

Drink 3 glasses of water a day for a week	Design a Halloween mask	Make a fact file for a famous person from the past.	Make a friendship bracelet for someone.
Try a new fruit or vegetable	Fill someone's bucket by being kind to someone.	Special of the Week Find out what a healthy breakfast could be and make one.	Make an Autumn picture with leaves and twigs
Special of the Week Keep a diary for a week	Talk to an adult about how your day has been	Choose a favourite book and redesign the front cover	Make a firework safety poster
Read to someone different for 20 minutes (member of the family)	Make a Christmas Tree decoration	Research a religious festival and create a card to celebrate one.	Carve a pumpkin with an adult

Name: _____ Class: _____





100 Challenge



1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

